

#### Issue 6 | Haadibadi, Roopena Agrahara, Bangalore-68 | June 2021 Newsletter

## Kathe Katte



We, at Haadibadi, organized a virtual Kathe Katte session for our young members. It provided the readers with a platform to share their feelings, explore their emotions and express themselves. It also gave them a chance to narrate their fascinating tales to other members and allowed them to listen to their peers' stories. Kalandar, our young storyteller, told us how he'd talk to his friends and visit all sorts of places once the lockdown ends. Another member spoke about how she wanted to return a pen to her friend that she borrowed before lockdown, but couldn't do so as her school stopped working offline.

## **Community Visit**

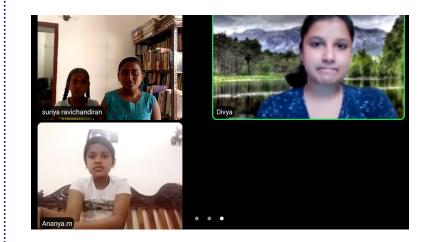
Haadibadi initiated a programme to conduct a community visit with our members regularly. As a part of our motto to cater to our community, we met different members of our community, to better understand their economic plight. These visits were important as it gave a better picture of how the pandemic has changed their lives and how they are dealing with it. This meeting also helped us to figure out how to come up with different ways of supporting them like providing financial support, or providing emotional support through counselling for their children's higher education, etc.



#### **Events Now!**

- Kathe Katte
- Chillipilli Art Workshop
- Know & Grow Science
  Workshop
- Fun With Math
- Bharatanatyam Classes

# World Environment Day Celebration



### **COVID-19 Relief Work**

At Haadibadi, as a community-driven organization, we try to ensure that our lovely community and its supportive members are safe and healthy. Through frequent community visits, we surveyed our community members. It helped us gauge how much they knew about the COVID-19 pandemic, and also allowed us to equip them with knowledge on how they can keep themselves and those around them safe. We also spoke to them on the importance of vaccines to encourage them into getting vaccinated at the earliest.

This survey helped us understand the difficulty that many of the families faced, especially with regard to the financial situation and hence, we decided to reach out to the family members in need and help them by providing food kits. We were able to distribute food kits to 41 families of our library members in our community.

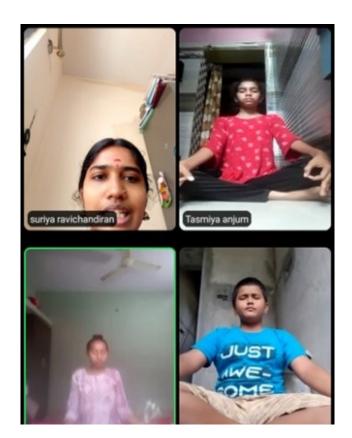


On account of World Environment Day on June 5th, we organized an online session hosted by our resource person, Ms. Divya Hari Rao. There were discussions about the environment & the significance of World Environment Day. She spoke about different also environmentalists around the world & how they made an impact on people. The young enthusiasts asked Ms. Rao several questions during the session, making it very lively and enjoyable!

#### Mind-Body Co-ordination Workshop



Along with strengthening their mind, we at Haadibadi also believe in strengthening the coordination between mind and body. Hence, a workshop on body-mind coordination was conducted by Suriya R on 21st June. The workshop had participants aged 4 to 16 years old. The young learners participated in all activities like performing various asanas and different breathing exercises, with great enthusiasm making them feel refreshed and rejuvenated. They also learned the importance of how body and mind are connected and why it is necessary to take care of oneself.



#### www.haadibadi.org